

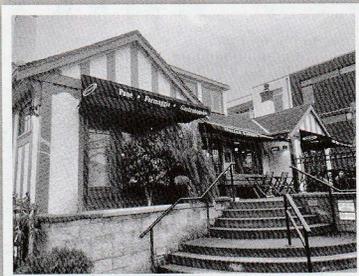
*"Food brings us together, it links us to the land and to traditions, ties us to our families and ancestors, and connects cultures and communities"*

*~ Heritage BC's February Heritage Theme is 'Stir the Pot'*

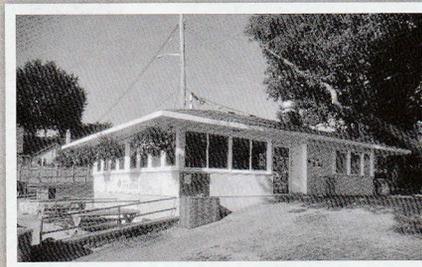
**The Windsor Café** is located in the 1932 mixed commercial and residential complex, overlooking Windsor Park, at the former street-car terminus.



**The Ottavio Italian Bakery & Delicatessen**, Oak Bay Avenue, is located in a former duplex, built in 1934.

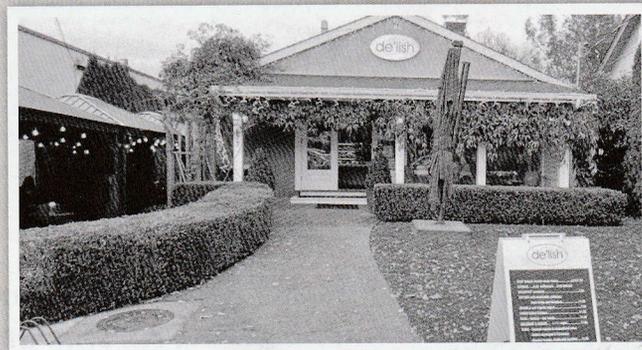


**The Kiwanis Club of Oak Bay** established a small beach-food hut on Willows Beach in 1947. It was replaced by the current **Tea Room** building, which opened in May 1949.



**The Golden Galleon Coffee Shop**, 2239 Oak Bay Avenue, in the 1950s, offered a coffee bar, fish and chips, and a jukebox.

**de'lish**, on St Patrick Street, originally a house, nestles gently in the neighbourhood.



Oak Bay's heritage-valued restaurants and grocery stores provide a taste of local history and continue to gently *stir the pot* and support community cohesion through neighbours meeting neighbours *coming out of shops*.

**The Demitasse Cafe & Garden Centre** 1935 building permit listed a store and dwelling.



**The Penny Farthing Pub and Restaurant** occupies the former **Oak Bay Pharmacy**, built 1936.



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